

JUNE 2021

# SENIORS

A PUBLICATION FOR ORLAND PARK SENIORS



Concerts in the park are back!  
More info on...PG. 8

## ORLAND PARK'S SUMMER LINEUP

Join us for Veterans Tuesdays in  
the Park! More info on...PG. 10

Orland Park is the safest city in  
Illinois – read more... PG. 16



## LETTER FROM THE MAYOR



Dear Orland Park Seniors,

It's summertime in Orland Park, one of my favorite times of the year. Orland Park's parks, trails and facilities are ready for your visits and we have plenty in store for the season.

Thank you to those of you that took a moment to say hello to me at the Orland Park Seniors Vaccination Events in April. We were happy to offer, as a result of our partnership with Jewel-Osco, the Pfizer COVID vaccine to 1,200 Orland Park seniors and educators. Your safety is paramount and we are happy to provide any and all services necessary to maintain community health and wellness.

As the warm weather sets in comfortably, we are happy to be able to offer many outdoor events and activities right here in town. Thank you to those who joined us on Memorial Day for the ceremony where we remembered and honored those who made the ultimate sacrifice for our freedoms.

We hope the community is enjoying our new Veterans' Tuesdays in the Park that began June 1 at Village Center with a free concert featuring the sounds of Peter Militec on the piano. This free event happens every other Tuesday throughout the summer. Bring a lawn chair and/or a blanket and join your fellow veterans, their families and Orland Park's patriots for a few evenings of music and camaraderie. Hope to see you out there. Market at the Park is back on Thursday nights from 4 -8 p.m. and this year has been extended to 10 full weeks of markets at Crescent Park. Each week we will feature about 50 vendors, free live entertainment and a fun, community atmosphere.

In addition, we have two more free concerts this summer at Crescent Park. First, we welcome Classical Blast on June 20 and then on July 18 we will enjoy the sounds of Frankie Valli and Four Seasons tribute band The 4 C Notes.

We are very excited to offer three great concerts for this year's Centennial Park West Concert series. On June 26, the series kicks off with a full night of Alternative Rock with Scott Stapp - Voice of Creed, Filter and a great Orland Park local band, 4Cast. On August 14, we welcome to Orland Park Classic Rock headliners Blue Öyster Cult along with Mark Farner's American Band and The Fabulous Thunderbirds. And on September 5, we will enjoy the sounds of three great tribute bands; The Ultimate Queen Celebration, George Michael Reborn Tribute and Purple Veins - The Essential Prince Tribute Band.

The Village's annual Fourth of July celebration kicksoff with the annual Veterans Liberty Run & Walk on July 2 and concludes with a concert and fireworks display at Centennial Park on July 4. The Taste of Orland Park will be held the weekend of August 6 through August 8 at Village Center.

I hope you will join me in welcoming the four new board members to the Village Board. Village Clerk Patrick O'Sullivan, Trustee Sean Kampas, Trustee Brian Riordan and Trustee Joni Radaszewski are already beginning to make an impact as representatives of the people of Orland Park. Read more about your new elected officials on page 10.

The public is always welcome to join us at any and all board meetings, but if you'd rather watch from the comfort of your home, you can do so on the Village's YouTube channel at [youtube.com/user/villageoforlandpark](https://youtube.com/user/villageoforlandpark). Looking forward to seeing everyone out an about this summer!

Keith Pekau | **Mayor**

# VILLAGE BOARD



Pictured (L to R) front: Trustee Brian J. Riordan, Trustee William R. Healy, Trustee Joni J. Radaszewski, Village Clerk Patrick R. O' Sullivan, Mayor Keith Pekau, Trustee Cynthia Nelson Katsenes, Trustee Michael R. Milani, Trustee Sean Kampas.

**Keith Pekau**  
Mayor

## TRUSTEES

**William R. Healy**  
**Cynthia Nelson Katsenes**  
**Michael R. Milani**  
**Sean Kampas**  
**Brian J. Riordan**  
**Joni J. Radaszewski**

## VILLAGE CLERK

**Patrick R. O' Sullivan**

## Let's Connect!

We want to hear from you! There are many ways to communicate with Village staff and your local representatives. From stopping by any Village buildings, giving us a call, interacting on social media, or sending us an email, we appreciate and encourage community input.

### WEBSITE | [orlandpark.org](http://orlandpark.org)

The Village website has a wealth of information available to residents in just a few clicks. Looking for meeting dates and times? Want to know what events are happening around town? Check our website for this up-to-date information.

### YouTube | [VillageofOrlandPark](https://www.youtube.com/VillageofOrlandPark)

Check out the many videos featuring local events, our cable shows and updates from the Mayor. Catch our board meetings and events LIVE and be sure to subscribe to be notified on when to tune in.

### facebook | [VillageofOrlandPark](https://www.facebook.com/VillageofOrlandPark)

Events, important information and highlights of people in our community are featured on our page. Give us a "like" to stay up-to-date on all that's happening.

### Instagram | [villageoforlandpark](https://www.instagram.com/villageoforlandpark)

Capturing fun and light hearted sights around Orland Park, as well as keeping the community up-to-date on Village happenings is what you'll find on our feed.

### TikTok | [VillageofOrlandPark](https://www.tiktok.com/@VillageofOrlandPark)

Short, fun and joyful videos from events to community information is what you'll find on our profile. Give us a "follow" to stay up-to-date on all that's happening.

### twitter | [VillageofOrlandPK](https://twitter.com/VillageofOrlandPK)

Receive timely tweets about events, traffic, public announcements and more.

## Letter from the Chief of Police



The safety of residents and guests in Orland Park is the first and foremost priority for the Orland Park Police Department.

We are proud of the fact that the Village of Orland Park currently has the

lowest number of Index Crimes since 1994 and crime in Orland Park has continued to decrease. The Village of Orland Park has the lowest violent crime rate for municipalities over 50,000 residents in the entire state of Illinois. As a result of these statistics as well as other features within the Village, the Village of Orland Park was recently named the Safest City in Illinois for 2021 by Safety.com. You can read more about this designation on page 16 of this publication.

With that being said, we must remain actively aware of those who make a habit of targeting our senior population. As we move into the summer months, we sometimes see a rise in door to door activity, including a rise in scams and ruse burglaries. Within the pages of this publication, you will find information regarding ruse burglaries as well as tips on how you can protect yourself from being victimized. Ruse burglaries are crimes in which the offender uses a “ruse” to distract their victim in order to commit a burglary. Remember to not allow anyone in your home unless you know them personally or it is an appointment that you scheduled yourself.

Please take a moment to review the pages of this edition of the senior newsletter to arm yourself with information so that you know what to do in this situation should it present itself.

You can view some of our annual report statistics on the opposite page. This is a great way to get a snapshot of the many aspects of the police department, the flow of activity through the department as we maintain the utmost level of safety within the Village of Orland Park.

I wanted to personally thank those of you who took the time to attend our community outreach events. It was great to see many of you at the Coffee with a Cop events recently at White Sheep and Stan’s Donuts. The Neighborhood Meetings recently held at the Civic Center were a great way to hear from many of you about your concerns and to also detail our ongoing quest to make sure our neighborhoods remain safe environments.

We ask that you, as residents and pillars of the community, do your part to let us know if you see anything that may seem odd or give you concern. As always, we ask that if you SEE SOMETHING, SAY SOMETHING and give us a call at (708) 349-4111 for non-emergencies or 9-1-1 in the event of an emergency.

Thank you for your support of the men and women of the Orland Park Police Department as we do our absolute best to continue to provide safety and security services to the community.

Joseph Mitchell | **Chief of Police**



# 2020 ORLAND PARK POLICE BY THE NUMBERS

**↓ 29%**  
INDEX CRIME RATES

LOWEST INDEX CRIME RATE  
IN THE ENTIRE STATE OF ILLINOIS

## PUBLIC SAFETY

**276,867**  
CALLS FOR SERVICE ANNUALLY

**20,308**  
CALLS FROM 911

**20,000**  
AVERAGE CALLS PER MONTH

**758**  
AVERAGE CALLS PER DAY

**32**  
AVERAGE CALLS PER HOUR

## MEDIA STATS

**16,626**  
FACEBOOK FOLLOWERS

**3,768**  
INSTAGRAM FOLLOWERS

**2,947**  
TWITTER FOLLOWERS

## MENTAL HEALTH STATS

**\$744,039**  
FEDERAL GRANT FOR MENTAL HEALTH

IN 2015, OPPD FORMED A

**12**  
MEMBER CRISIS  
INTERVENTION TEAM

IN 2020, IT HAS GROWN TO A

**30**  
STATE-CERTIFIED CRISIS  
INTERVENTION TEAM OF  
OFFICERS & SUPERVISORS

## EMPLOYEE STATS



**189**  
CIVILIAN & SWORN  
PERSONNEL

**101**  
FULL-TIME  
SWORN OFFICERS

**23**  
PART-TIME  
SWORN OFFICERS

**19**  
NEW PERSONNEL  
IN 2020

**7**  
PERSONNEL  
PROMOTIONS  
IN 2020

## COMMUNITY SUPPORT



**171**  
LETTERS OF  
APPRECIATION



**570**  
POUNDS OF  
PRESCRIPTION  
MEDICATION  
COLLECTED



### Preventing Ruse Burglaries

Ruse burglaries continue to be a concern in the region. This type of crime is often being committed by career criminals specializing in ruse entries and home repair fraud.

Ruse ploys often begin with the offenders creating an excuse to enter the victim's home. After selecting a home by profiling it, the offenders may claim to be a utility worker, Village employee or a contractor. They will attempt to gain entry the home using the ruse of needing to check on something urgent, say a pipe, water leak, electrical fuse or other utility. While one offender keeps the homeowner occupied, one or more additional offenders enter the home undetected and commit a burglary.

Seniors are specifically targeted in this type of crime and many times crimes such as these go unreported. Offenders will target their victims by driving through neighborhoods looking for seniors doing yard work or by following them home from grocery stores or pharmacies.

The Orland Park Police Department urges residents to be observant of their surroundings and report suspicious persons or activities when they are occurring. As always, when you SEE SOMETHING, SAY SOMETHING! Dial 9-1-1 immediately if you suspect you are being followed home or if someone comes to your door unsolicited and attempts to gain entry.

Residents should also observe their neighbors' homes for suspicious activities. Be a good neighbor and remind others of this type of crime in the region. Writing down license plates and vehicle descriptions may also assist police in locating offenders.

If you are approached by someone purporting to be a worker needing to enter your house, DO NOT LET THEM IN without first contacting the utility, Village or the police. By requesting identification from the worker you may prevent yourself from becoming a victim by showing the offender that

you are aware of the possibility that they may not be who they claim to be.

The Village of Orland Park provides employees with identification cards which are required to be worn. Utility companies such as ComEd, Nicor, Comcast and AT&T also have identification cards. Utility workers will also have utility service vehicles, so be wary of “workers” without an official vehicle. Utility workers from those companies which provide services to your home will generally only be coming to your home at your request, so if someone shows up at your door, verify who they are.

Additionally, avoid home repair scams by never allowing someone to perform driveway sealing or other repairs on the spot. Residents are advised not to let transient workers perform repair work without providing a business card, allowing you to check on the reputation of the business.

If ever in doubt, or if the person is persistent in their attempts to enter your home, close and lock your door and call 9-1-1 immediately. The Police Department would rather investigate an innocent misunderstanding than have a resident fall victim of this type of crime.

1

Be observant of surroundings and report suspicious activity.

2

If approached by someone pretending to be a worker - DO NOT LET THEM IN YOUR HOUSE.

3

If ever in doubt, or if person persists, call 9-1-1 immediately.

## 9PM Routine

The Village of Orland Park Police Department has joined law enforcement agencies nationwide in reminding its residents via social media to lock it or lose it to prevent property crimes and burglaries. Dubbed the 9 p.m. Routine, the campaign promotes safe practices to prevent and reduce on the number of easily preventable burglaries. Residents are encouraged to set a nightly alarm on their phones, watches or other devices to remind them to:

1

Remove valuables (electronic devices, wallets, etc.) from your vehicle.

2

Ensure that vehicle doors and trunks are locked.

3

Check that all home doors and windows are locked.

4

Turn on exterior lights.

## COVID-19 Vaccine Event: For First Responders

The Village of Orland Park, the Orland Fire Protection District, Lemont Fire Protection District, Palos Fire Protection District, and the Palos Heights Fire District partnered with the Cook County Department of Public Health to deliver COVID vaccines to local first responders.



**Pictured from L to R:** Orland Fire Operations Chief Joseph Moore, Lori Katich from Cook County Department of Public Health, Orland Park Police Chief Joe Mitchell, Orland Park Trustee Bill Healy, Orland Park Mayor Keith Pekau, Orland Park Trustee Cynthia Nelson Katsenes, Orland Park Trustee Michael Milani, Orland Fire Trustee John Brudnak, Orland Fire Protection District Chief Michael Schofield, Orland Fire Protection District Deputy Chief Nicholas Cinquepalmi, Eugene Ryan of Cook County Department of Public Health, and Fire Protection District Trustee Jayne Schirmacher.

## COVID-19 Vaccine Event: For Seniors & Educators

The Village of Orland Park proudly partnered with Jewel-Osco to administer close to 1,200 vaccines to seniors, educators and those at high risk from the Village of Orland Park, Village of Orland Hills, Orland Township, Palos Township and Frankfort Township. Thank you to Jewel-Osco, the Orland Park Police Department, the Orland Fire Protection District and Village staff for their efforts and contributions which made the day a great success by providing much needed vaccines to those in need.



**Pictured from L to R:** Orland Park Police Chief Joe Mitchell, Orland Park Mayor Kieth Pekau, Jewel Osco Field Services Manager Sarah Stolz, Orland Fire Protection District EMS Administrator Lieutenant Mark Duke and Operations Battalion Chief Joseph Moore.

### Want more COVID-19 info?

Please visit [www.orlandpark.org/coronavirusinfo](http://www.orlandpark.org/coronavirusinfo) for the most up-to-date information from the Village.

**CDC**  
[cdc.gov](http://cdc.gov)  
(800) 232-4636

**IDPH**  
[dph.illinois.gov](http://dph.illinois.gov)  
(312) 814-2793

**COOK COUNTY DEPT. OF PUBLIC HEALTH**  
[cookcountypublichealth.org](http://cookcountypublichealth.org)  
(708) 633-4000



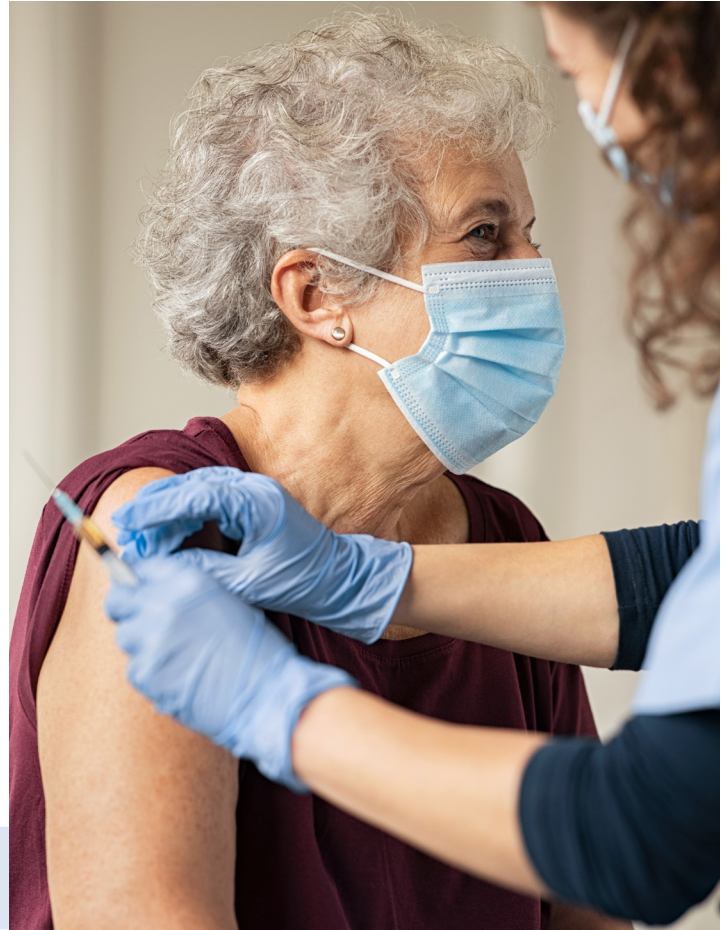
## Surburban Cook County In-Home COVID-19 Vaccine

The Cook County Department of Health COVID-19 Vaccine Provider Partners are providing in-home COVID-19 vaccinations for suburban Cook County residents who are unable to leave due to age, disability or medical impairment.

### TO BE ELIGIBLE FOR THIS PROGRAM:

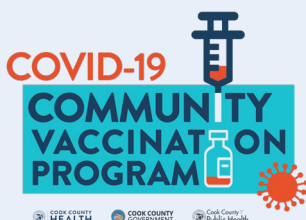
- ◆ Be a senior or person with a disability who requires in-home assistance.
- ◆ Have to use adaptive equipment (like a ventilator, crutches, a walker, a wheelchair, etc.) and/ or accessible transportation to leave home.
- ◆ Leaving home is not an option for you because doing so requires considerable and taxing effort.






To see if you qualify call (833) 308-1988 or visit [cookcountypublichealth.org](http://cookcountypublichealth.org)



## Walk In Clinics

All Cook County residents aged 12 years or older are eligible to receive the COVID vaccine at any of the Cook County mass vaccinations sites. Vaccinations are free, regardless of insurance or immigration status. Appointments can be made at [myshotcookcounty.com](http://myshotcookcounty.com) or by calling (833) 308-1988.



- 1  **TINLEY PARK**  
18451 CONVENTION CENTER DR. TINLEY PARK, IL
- 2  **FOREST PARK (FORMER HOBO)**  
7600 W. ROOSEVELT RD., FOREST PARK, IL
- 3  **DES PLAINES (FORMER KMART)**  
1155 E. OAKTON ST., DES PLAINES, IL
- 4  **SOUTH SUBURBAN COMMUNITY COLLEGE**  
15800 STATE ST., SOUTH HOLLAND, IL
- 5  **TRITON COMMUNITY COLLEGE**  
2000 5TH AVE., RIVER GROVE, IL

MAYOR KEITH PEKAU & THE VILLAGE OF ORLAND PARK TRUSTEES PRESENT

# CENTENNIAL PARK WEST CONCERT SERIES

**3 DATES, 9 BANDS, 1 PRICE!**

Bring your lawn chair, pack a cooler and enjoy music on a summer night at scenic Centennial Park West! Gates open at 3 p.m. for all three concerts.

## FEATURING JUNE 26, 2021

4:30 – 6PM 4CAST  
6:30 – 8PM FILTER  
8:30 – 10PM **SCOTT STAPP VOICE OF CREED**

## AUG 14, 2021

4:30 – 6PM THE FABULOUS THUNDERBIRDS  
6:30 – 8PM MARK FARNER'S AMERICAN BAND  
8:30 – 10PM **BLUE ÖYSTER CULT**

## SEPT 5, 2021

5 – 6:30PM PURPLE VEINS—  
THE ESSENTIAL PRINCE TRIBUTE BAND  
7 – 8:30PM GEORGE MICHAEL REBORN TRIBUTE  
9 – 10:30PM **THE ULTIMATE QUEEN CELEBRATION**  
STARRING MARC MARTEL

**GENERAL**

**PUBLIC TICKETS : \$90**

**VETERANS, MILITARY, LAW**

**ENFORCEMENT & FIRST RESPONDERS: \$75**

PURCHASE TICKETS IN PERSON AT THE SPORTSPLEX & VILLAGE HALL OR ONLINE AT UNIVERSE.COM

Artists' RVs provided by:

**Terry's**  
**RV Center**

WE SELL FUN!



## Newly Elected Officials

At the May 3, 2021 Village Board Meeting, Mayor Keith Pekau was sworn in for his second term in office and newly elected Village Clerk Patrick O'Sullivan, Trustee Sean Kampas, Trustee Brian Riordan and Trustee Joni Radaszewski were sworn in for their first terms. Please join us in welcoming all newly elected officials and wishing them the best of luck in their new roles as community representatives.



**Patrick R. O' Sullivan** | Village Clerk

Patrick O'Sullivan was elected to the Consolidated High School District 230 Board in 2007 where he most recently served as President. In addition to serving on the School Board, Village Clerk O'Sullivan plays an active role in Orland Park community youth athletic groups. He is a proud graduate of Carl Sandburg High School and Bradley University and is currently employed in the insurance industry.



**Sean Kampas** | Trustee

Sean Kampas served Orland Park as Chairman of the Orland Park Technology Commission, as a member of the Ad Hoc Ethics Committee, and as a member of Orland Park's ESDA. Trustee Kampas has over 20 years of technology, business, and strategy consulting experience and has three patents in the areas of hybrid cloud management. Trustee Kampas is a graduate of Bradley University. He and his wife, Taryn, are proudly raising their daughter together in Orland Park.



**Brian J. Riordan** | Trustee

Brian Riordan is an attorney who volunteers his time coaching his children's sports teams and is a supporter of the Special Olympics. Trustee Riordan has served more than 13 years on the Cook County Sheriff's Merit Board and the Orland School District 135 Advisory Board. Trustee Riordan attended Eastern Illinois University and Loyola University School of Law. Together, he and his wife, Megan, have four children.



**Joni J. Radaszewski** | Trustee

Joni Radaszewski is a Marketing and Business Development Director and has served as a member of both the Economic Development Advisory Board and the Technology Commission. Her devotion to Village-related endeavors and have already become a valuable resource for the community. A Chicago Southside native, Trustee Radaszewski is a graduate of DePaul University and a proud mother who enjoys spending time with her family.

# MARKET *at the Park*

Market at the Park has returned to Crescent Park and has been extended to 10 weeks! Each market features a unique variety of vendors including food (ready to eat, speciality, food trucks), flowers, and gardening, handmade art and crafts, vintage, decor and more. The market offers something for everyone and is a great weekly destination for shopping, entertainment, and fun.

9750 WEST 142<sup>ND</sup> ST. | CRESCENT PARK



**JUN 3 TO AUG 19 | THURSDAYS | 4PM – 8PM**

**FREE WEEKLY: LIVE ENTERTAINMENT | MARKET ROAMERS CHILDREN'S PROGRAM | CRUISE NIGHT**

# Concerts in the Park



FREE CONCERTS

6PM-7:30PM

CRESCENT PARK—143RD STREET METRA STATION

*\*Rain site —Orland Park Cultural Center, Exhibit Hall*

**SUNDAY | JUNE 20**

Classical Blast *(Rock with a Classical Twist)*

**SUNDAY | JULY 18**

The Four C Notes  
*(Frankie Valli & the Four Seasons Tribute)*



## Orland Perks App

The Village of Orland Park has developed a new app designed to promote and drive customers to local businesses. The app, Orland Perks, allows businesses to advertise their specials, or perks, within the searchable and location-specific mobile application. In turn, customers can easily locate specific items, services and locations for quick access via mobile map, phone call or company website.

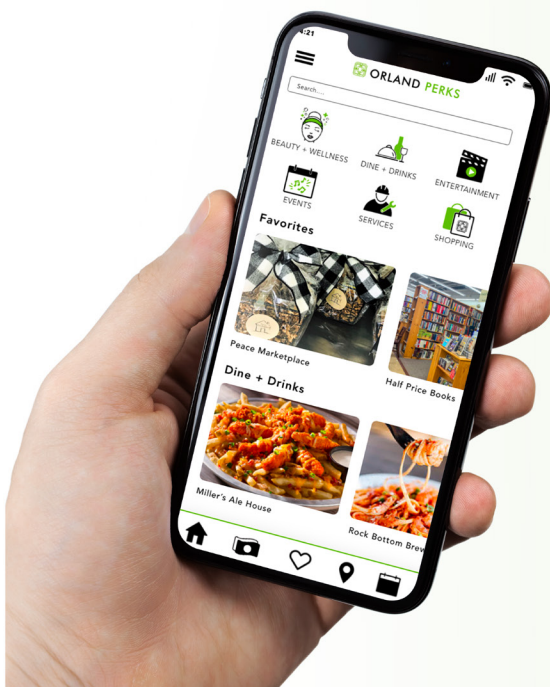
“This is just another way to assist Orland Park businesses in their efforts to remain strong during tough times,” said Mayor Keith Pekau. “I encourage businesses to take advantage of the app to reach even more of our residents and daily visitors in Orland Park.”

Participation in the app is completely free for both those who advertise and those who download the app to find Orland Park businesses.

“Residents and visitors can also take advantage of some of the great incentives offered by local businesses via the Orland Perks app,” said Pekau. “This app takes all Orland Park businesses, their offerings, hours, location and specials and placed them at the fingertips of shoppers...it really is a win-win for all involved,” explained Pekau.

By using the app, potential customers can locate any business by searching for it by name, desired item such as “pizza” or “shoes” or even utilize the map feature to find what is in closest proximity to where the user is located.

Regular users can save their favorite businesses for easy viewing on the home screen of the app which also features tabs for beauty and wellness, dine and drinks, entertainment, events, services and shopping. Perks are easily identifiable by the green dollar perk symbol on the listing.



# INTRODUCING OUR NEW APP

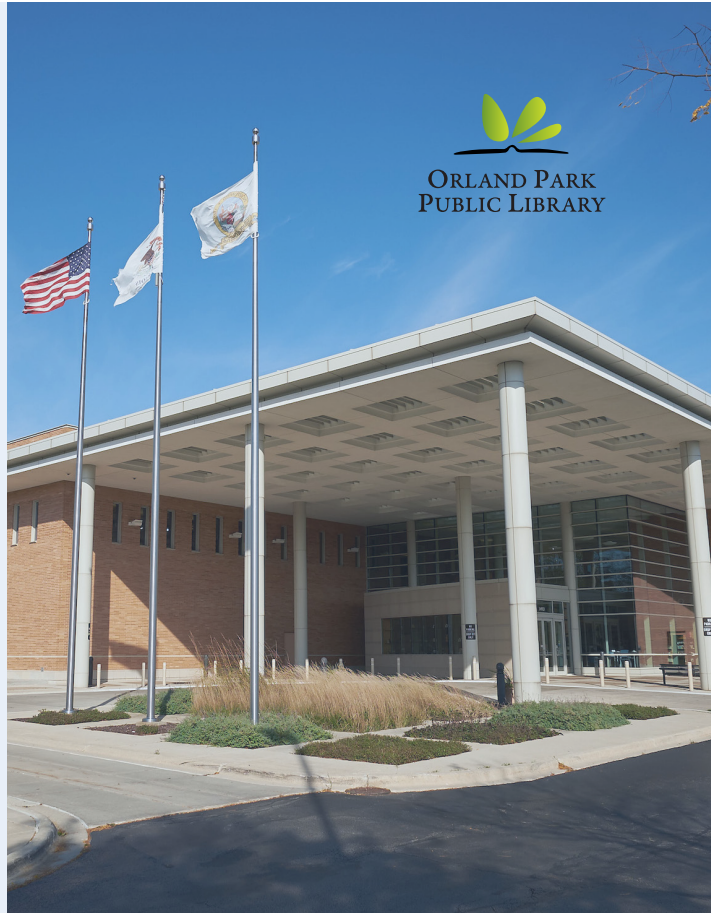
Download Orland Perks for free today!



## Orland Park Public Library

The Orland Park Public Library serves the residents of the Village of Orland Park. The library moved into its award-winning 93,000 square foot building in September 2004. Patrons of all ages have access to a well-rounded collection of both print and non-print materials, educational and recreational programs, computers and instructional computer classes, excellent reference service, outreach programs for seniors and homebound patrons, and storytimes for children.

[orlandparklibrary.org](http://orlandparklibrary.org)  
(708) 428-5100



## Getting Started in Genealogy

**Jun 23 | 7:00 PM | Wednesday**

Explore the library genealogy resources, and gain insights into free online genealogy resources.



Online Zoom Event

## Ten Warning Signs of Alzheimer's

**Jun 29 | 7:00 PM | Tuesday**

Alzheimer's and other dementias cause changes in memory, thinking, and behavior that interfere with daily life. Join us to learn about ten common warning signs and what to watch for in yourself and others. Presented by the Alzheimer's Association.



Online Zoom Event

## Dementia: Challenging Behaviors

**Jul 9 | 7:00 PM | Friday**

How to understand, analyze and avoid challenging behaviors. Presented by community partner Aishling Companion Homecare.



Online Zoom Event





# SUMMER CONCERTS

## EDDIE KOROSA JR

AND THE BOYS & GIRLS FROM ILLINOIS

**Jul 25 | Sunday**

**2:00 PM**

Fun fact, in 1990, Eddie and the Boys were featured in the movie Home Alone as John Candy's polka band, The Kenosha Kickers.

## THE SPINDLES

**Aug 15 | Sunday**

**2:00 PM**

The Spindles Band will perform classic covers featuring favorite songs by the Beatles, Tom Petty, Simon and Garfunkel, The Bee Gees, Everly Brothers, and their contemporaries.

## SOUL SACRIFICE

**Aug 22 | Sunday**

**2:00 PM**

Soul Sacrifice celebrates the legacy of the iconic Carlos Santana Band from Woodstock to today with authentic reproductions of the music of this Rock and Roll Hall of Fame ensemble.

Register online at [orlandparklibrary.org/event](http://orlandparklibrary.org/event). Registration is limited and social distancing and mask wearing will be enforced. More spots may open up closer to the event depending on state social distancing guidelines. *\*Programs are for Orland Park residents only.*

### Microsoft 365

**Aug 3 | 7:00 PM | Tuesday**  
**OPPL – RM104**

Learn all about the bells and whistles that come with your account besides the Office Products, like online storage, email and calendar organization, online form and survey creation.



In-Person Event

### Google Drive

**Aug 25 | 7:00 PM | Wednesday**  
**OPPL – RM104**

Learn about Google Drive, a cloud-based solution for composing, storing, and collaborating on various types of documents. See the benefits of using Google Drive and how to get the most out of it.



In-Person Event

### Interested in a full list of classes?

Please visit [orlandparklibrary.org/calendar/](http://orlandparklibrary.org/calendar/) for more a full calendar of events including book clubs, computer classes and educational sessions. Contact [outreach@orlandparklibrary.org](mailto:outreach@orlandparklibrary.org), Attn: **Duke** for any class related questions.

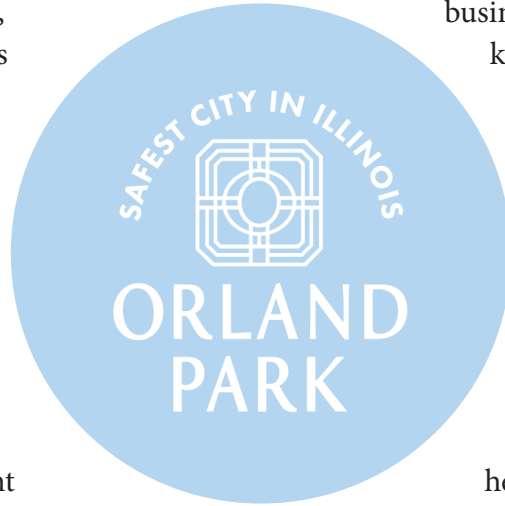
# SAFEST CITY IN ILLINOIS

Orland Park was named the Safest City in Illinois for 2021 by [Safety.com](https://www.safety.com), a leading home security and safety advocacy website. This is the first time in the Village's history to receive this distinction. Analysts from Safety.com assessed data provided by the FBI Crime Report, Gun Violence Archive, U.S. Census Bureau, Insurance Journal and America Health Rankings to create its list of safest cities in Illinois.

"We are proud to hear of the latest recognition bestowed upon the Village by Safety.com," said Mayor Keith Pekau. "I am not surprised by the announcement as we already know that Orland Park provides the utmost level of safety and security to residents and businesses as well as providing assistance to neighboring suburbs."

"Our Police Department does a phenomenal job of keeping us safe," said Pekau. "We have proactively implemented several programs over the last few years to ensure that our businesses, residents, and guests are kept safe. Additionally, our Police Department's performance during the riots and looting that occurred regionally and nationwide was exemplary," explained Pekau.

Cities were analyzed on public safety, financial safety, state-level natural disaster and health metrics. "The men and women of the Orland Park Police Department are hardworking and dedicated to the safety of Orland Park," said former Chief of Police Tim McCarthy who led the department



Property Crime Down

15%



Index Crime Down

29%



Mental Health Program Established

2020



Community Support

171  
Letters of Appreciation



Orland Square Mall

Safest mall in region



Sworn Officers

101

for the past 26 years until his retirement in August, 2020.”

“This new recognition only confirms what I have always known, Orland Park was and continues to be a safe and secure place in which to live, work and play.”

“Thank you to Safety.com for recognizing Orland Park,” said Police Chief Joe Mitchell. “In 2019, the index crimes in the Village were the lowest they have been in 25 years. In 2020, they dropped another 29%.”

“We have the lowest number of violent crimes per capita for towns with over 50,000 residents in Illinois,” said Mitchell. “Property crimes dropped substantially from 2019 to 2020 and are less than half of what they were in 2016.”

The criteria for public safety include: property

crime, violent crime, aggravated assaults, hate crime and mass shootings. Criteria for financial and socioeconomic factors include: unemployment rate, cost of living, poverty rate, uninsured residents and internet access.

“Our team diligently identified the safest cities beyond just looking at crime rates. We wanted to get the full picture and have our data extend beyond what people would originally look at for the safety of a city, especially in these tough economic times. We took a step further by looking at factors that measure socioeconomic, health and natural disaster safety in addition to public safety in this study.” says Antonio Lopez Jr, analyst for Safety.com

State-level natural disaster and health safety scoring factors involve calculating the state’s natural disaster risk and health score based on access to health insurance, air pollution ratings, number of drug deaths and number of mental health providers.

## INTERESTED IN LEARNING MORE?

Safety.com’s experience providing detailed information, recommendations and insights on multiple safety industries puts the site in a unique position to create this comprehensive safest cities data report. Safety.com offers reviews, recommendations and insights across multiple safety industries. Their goal is to make safety simple with trustworthy and accurate information, unique data and easy-to-use tools. They want to empower people to feel peace of mind about their personal, home, financial and family safety. Visit [safety.com/public/places/safest-cities-in-illinois/](https://safety.com/public/places/safest-cities-in-illinois/) for more info.



## Centennial Park Aquatic Center

Voted the “#1 Public Pool” by Chicago Magazine, Centennial Park Aquatic Center includes exciting amenities such as: lazy river, body flume slide, drop slide, tube slides, platform jump, zero depth pool with child play structure, and lap lanes. The facility is open for its 30th season and will close September 6, 2021.



### COST OF MEMBERSHIP

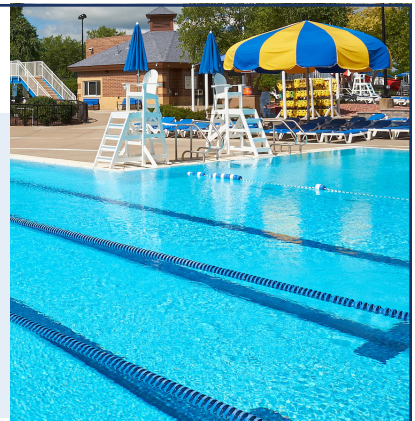
Resident Senior (55+)	\$65
Non-Resident Senior (55+)	\$158

### How do I purchase a membership?

For your convenience, the Recreation & Parks Department is accepting pool membership registrations during normal office hours at the Sportsplex Registration Office, Village Hall, and online at [orlandpark.org](http://orlandpark.org)

### CROSSOVER MEMBERSHIP SPECIAL

Sportsplex members and Orland Park Health & Fitness Center members receive 20% off regular priced pool membership to Centennial Park Aquatic Center membership.



### Lap Swim/ River Walk

**6:15 AM - 8:15 AM | Monday - Friday**

The facility will be open during the hours listed for self-directed exercise. Lap lanes will be available. The lazy river will be open to walk laps against the current. This is an excellent low stress/low impact work-out. Aqua shoes are recommended. *Daily drop-in fee applies. Free to members.*

**Centennial Park Aquatic Center | Jun 7 - Aug 13**  
**Resident fee is \$3.00**

## Vehicle Stickers

Village of Orland Park vehicle stickers are available for purchase online now! All vehicles registered to Orland Park addresses must buy and display updated stickers by midnight on June 30, 2021. Senior citizens who are 65 years of age prior to June 30, 2023 are eligible to purchase a vehicle sticker at a reduced rate. Seniors that are already registered as such will receive an application that reflects the senior vehicle sticker rate.

Vehicle stickers must be affixed to the lower right-hand corner of the windshield (passenger side). All motor vehicles registered to a Village address must display a current vehicle sticker. Vehicle sticker fees vary based on the type of vehicle. After June 30th, a late fee will be assessed.

Visit [orlandpark.org](http://orlandpark.org) to purchase vehicle stickers online. Other renewal options include by mail or in person at Village Hall Monday through Friday, 8:00 a.m. to 5:00 p.m.



This year's design highlights Orland Park's vast business community with the "Shop, Dine Play" theme inviting everyone to do all three in Orland Park and remember to support local businesses.

## Senior Newsletter

Do you know someone that would like to receive the Senior Newsletter? Please have them fill out this form and mail it to the address listed below to be added to the Senior Guide mailing list so they don't miss out on upcoming issues!

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Mail to: Village of Orland Park, Attn: Communications & Marketing,  
14700 S. Ravinia Ave. Orland Park, IL 60462





## ORLAND PARK NATURE CENTER

13951 S. LAGRANGE ROAD

The Village of Orland Park's latest project is a new Nature Center to serve area residents! Located on LaGrange Road just north of the Metra tracks it includes a flexible outdoor gathering space with an amphitheater that will accommodate a variety of uses and group sizes, a new permeable paver parking lot and a looped trail system that meanders around the site. A boardwalk extends over the existing detention area to a bird watching station and wetland overlook. The wetlands on site serve not only as a focal point for the Nature Center, but also as a great opportunity for the preservation and restoration of an area known for its bird populations.

### SEVEN RIVERS RUN THROUGH ORLAND PARK & THE DIVIDE

**Jun 3 | Thursday**  
**7:30 PM - 9:00 PM**

Learn about the continental divide between the Great Lakes and the Mississippi watersheds. Seven streams run through, with six of the headwaters originating within Orland Township! This program will explore these watersheds and their natural features.

**PROGRAM 91216**  
**Resident \$10**

### BIRDS OF ILLINOIS

**Jun 11 | Friday**  
**6:00 PM - 8:00 PM**

Come to Orland Park's Nature Center to learn about Illinois' popular birds and what types of birds can be seen at the Nature Center! After the presentation, join us in making a bird feeder to take home with you!

**PROGRAM 91218**  
**Resident \$10**



As a proud member of the Medical Fitness Association (MFA), we focus on health benefits and preventative care along with transformational exercise. We believe that both a healthy mind and body are essential to healthy living. That's why we approach health and wellness from a medically integrated perspective. It's all here for you at Orland Park Health & Fitness Center.

[ophfc.com](http://ophfc.com)  
(708) 226-0555

## What Does Your Membership Include?

- Indoor walking/running track
- 25-yard lap pool, warm-water therapy pool
- Massage services *\*Additional Fee*
- FREE fitness assessment and personalized exercise plan to help you achieve your goals
- 90+ group exercise classes, FREE to members. View our full list of classes at [ophfc.com](http://ophfc.com).
- Access to personal training and specialty programs led by our degreed and certified fitness specialists
- Locker rooms: towels, locker service, sauna, whirlpool, and steam room

### MEMBERSHIP FEES

Senior Individual (62+)	\$66
Senior Couple (62+)	\$116

### GUEST PASS

Daily	\$10
Weekly	\$30
Monthly	\$78

### PUNCH PASS

3-Punch	\$25
5-Punch	\$40
10-Punch	\$75

## AQUATIC SCHEDULE

Reservations are required for lap lanes and therapy pool. View a full aquatic schedule online at [ophfc.com](http://ophfc.com).

### Aqua Aerobics

8:30 AM - 9:15 AM | Monday  
9:30 AM - 10:15 AM | Tuesday  
10:00 AM - 10:45 AM | Wednesday  
8:30 AM - 9:15 AM | Thursday  
6:00 PM - 6:45 PM | Thursday  
9:30 AM - 10:15 AM | Friday  
8:30 AM - 9:15 AM | Saturday  
OPHFC Lap Pool

Put the water resistance to work for you during this high-energy cardiovascular workout. The class concludes with strengthening exercises and a stretch.

**Resident fee is \$10**  
**FREE for Members**



### WET Program

12:00 PM - 12:45 PM | Mon, Wed & Fri  
12:30 PM - 1:15 PM | Tues & Thurs  
7:00 PM - 7:45 PM | Thurs  
OPHFC Therapy Pool

This class is ideal for those with arthritis, joint replacement, fibromyalgia, chronic pain, etc. Participants engage in a variety of exercises that will improve range of motion and strengthen muscles and joints.

**Resident fee is \$10**  
**FREE for Members**

### Aqua Zumba

5:30 PM - 6:15 PM | Monday  
OPHFC Lap Pool

Perfect for those looking to make a splash by adding low impact high-energy aquatic exercise to your fitness routine. With less impact on joints, water creates natural resistance, which means every step is more challenging and helps tone your muscles!

**Resident fee is \$10**  
**FREE for Members**

### Senior Aqua

9:15 AM - 10:00 AM  
Monday & Wednesday  
OPHFC Therapy Pool

This class will focus on light cardiovascular conditioning, long with basic aquatic toning exercises, equipment will be used.

**Resident fee is \$10**  
**FREE for Members**



## LAND SCHEDULE

Social distancing capacity limits implemented based on state and local government. To view a full land schedule online at [ophfc.com](http://ophfc.com).

### Yoga Beyond the Chair

12:00 PM - 1:00 PM | Tuesday  
OPHFC Studio B

Want to do yoga but can't get up and down from the floor? Do you currently do chair yoga and want to experience more of the floor poses? Yoga Beyond the Chair will focus on floor poses; seated, supine, prone, and with some kneeling if you can. We will use support from blocks, straps, chairs, blankets, and the wall to experience the release and relief that only comes from fully stretching out while on the ground.

**Resident fee is \$150**

**Member fee is \$145**

### Senior Boot Camp

12:00 PM - 1:00 PM | Thursday  
OPHFC The Rig

This boot camp class is ideal for male and female seniors. It will comprise of a wide array of exercises aimed at strength, flexibility, and aerobic capacity. A large number of seniors choose walking as their daily exercise form, but it is also important to undertake resistance or weight training to strengthen muscles and maintain bone density. If you have never worked out with weights before, or looking to take your workout to the next level, join us for this fun and exciting workout.

**Jul 15 - Sep 2**

**Resident fee is \$100**

**Member fee is \$95**

### Intro to Yoga

12:00 PM - 1:00 PM | Wednesday  
6:00 PM - 7:00 PM | Wednesday  
OPHFC Studio B

Join E-RYT teacher Paula Gardner for this 8-week introduction to yoga. Learn foundational yoga breathing, poses and protocols that will allow you to comfortably and safely join group yoga classes and/or practice at home. Participants will receive handouts that will help you take your yoga home.

**Resident fee is \$150**

**Member fee is \$145**



### Healthy Moves

1:00 PM - 2:00 PM | Tuesday  
OPHFC The Gym

This beginner class is a total body workout that has participants execute a variety of aerobic exercises. Dumbbells, bands, glides and more are just some of the tools we will utilize to promote upper and lower body strength, balance and posture.

**Jul 20 - Sep 7**

**Resident fee is \$100**

**Member fee is \$95**

# ORLAND PARK AT A GLANCE

**1892**  
INCORPORATED

**GOVERNMENT:**  
THE VILLAGE UTILIZES THE  
COUNCIL-MANAGER FORM  
OF GOVERNMENT.

## INFRASTRUCTURE

**381**  
MILES OF WATER MAINS

**22**  
SQUARE MILES

## RECREATION & PARKS

**224**  
MILES OF STREETS

**25**  
MILES SOUTHWEST  
OF CHICAGO

**90K**  
SQ. FOOT RECREATION  
& FITNESS CENTER

**339**  
MILES OF SIDEWALKS



**58,393**  
POPULATION

**25K**  
SQ. FOOT OUTDOOR  
WATER PARK

**3,674**  
MILES OF STREETLIGHTS

**14**  
MILES OF TRAFFIC SIGNALS

**30,610**  
LABOR FORCE



**63**  
MILES OF WALKING  
& BIKING PATHS

## PRINCIPAL EMPLOYERS

▪ SCHOOL DISTRICT #135

▪ VILLAGE OF  
ORLAND PARK

▪ CARL SANDBURG  
HIGH SCHOOL

▪ JEWEL/OSCO

▪ DARVIN FURNITURE

▪ LOWE'S HOME  
IMPROVEMENT

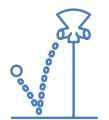
▪ PANDUIT - ORLAND  
PARK LOCATION

▪ LIFETIME FITNESS

▪ THE HORTON GROUP

▪ THE HOME DEPOT

**\$91,523**  
MEDIAN HOUSEHOLD  
INCOME



OVER  
**100**  
ATHLETIC FIELDS  
& COURTS

**2,934**  
BUSINESSES



**55**  
PLAYGROUNDS



**95**  
ACRE STOCKED LAKE

PUBLIC SAFETY  
**300,000**  
CALLS FOR SERVICE ANNUALLY



**4,500**  
PARK TREES



### Lela's Smoothie

#### INGREDIENTS:

- 1 kiwi
- 1/2 green apple
- 1/2 pear
- 1/2 juice of lemon
- 1 small cucumber
- 1 cup raw spinach or kale

#### DIRECTIONS:

Blend above ingredients along with 1/2 to 1 cup water based on preference. For a more “fancy” option, add just a splash of water to the blender with the above ingredients, then add sparkling water to a glass after blending.



### Lela Iliopoulos

Registered Dietitian,  
MS, RDN, CDCES

The recipe was submitted by Lela Iliopoulos, MS, RDN, CDCES, is a Nutrition Manager Quality Coordinator at Northwestern Medicine Palos Hospital. To schedule an appointment with Lela or a colleague, call (708) 226-2626.



### Watermelon & Feta Salad

#### INGREDIENTS:

- 1/2 medium ripe red watermelon, peeled, cut into 1-inch cubes
- 2 cups packed baby arugula
- 1 large English cucumber, skin on, diced
- 1/2 cup crumbled feta cheese
- 1 handful of mint leaves, chopped
- 2 tbsp extra virgin olive oil
- juice of 1 fresh lime
- sea salt & pepper to taste

#### DIRECTIONS:

Very carefully cut the skin off of your watermelon. Slice into 1 inch cubes. In a large bowl or serving platter, add in arugula, watermelon cubes, cucumbers, mint and feta cheese. Drizzle your beautiful salad with fresh lime juice and olive oil, then season to taste with a touch of sea salt and pepper if desired. Gently toss to combine, serve and enjoy!

\*Recipe by Rachel Maser from [cleanfoodcrush.com](http://cleanfoodcrush.com)



VILLAGE OF ORLAND PARK

# TASTE OF ORLAND PARK

AUG 6-8, 2021

VILLAGE GREEN, 14700 S. RAVINIA AVE.



JOIN US FOR THE 18TH ANNUAL TASTE OF ORLAND PARK AND SAVOR THE FLAVORS AS SEVERAL LOCAL RESTAURANTS SHOWCASE THEIR SPECIALTIES. THIS THREE-DAY SUMMER FESTIVAL OFFERS SOMETHING FOR EVERYONE WITH LIVE ENTERTAINMENT ON TWO STAGES, KIDS' ZONE, A CAR SHOW, BINGO, LIVE BAND KARAOKE, TRIVIA CONTEST, COMMUNITY AND SPONSOR BOOTHS AND MUCH, MUCH MORE. FOR MORE INFORMATION, PLEASE CALL 708.403.5000 OR VISIT [ORLANDPARK.ORG](http://ORLANDPARK.ORG).

## ENTERTAINMENT SCHEDULE\*

### FRIDAY, AUG 6 | 5p-11p

5p-7:30p	Rock Star Rodea (Country)	M
8:30p-11p	Sixteen Candles (80's)	M

### SATURDAY, AUGUST 7 | 1p-11p

1p-3p	Linsey Alexander (Blues)	M
4p-6:30p	Blooze Brothers (Tribute)	M
7p-7:30p	Orland Park Veterans Tribute	M
8p-11p	Live Band Karaoke	C
8:30p-11p	7th Heaven (Variety)	M

### SUNDAY, AUGUST 8 | 1p-9p

1p-3p	Rhythm Rockets (Vintage Rhythm/Blues)	M C
4p-6p	ARRA (Rock)	M
7p-9p	American English (Beatles Tribute)	M

M = Main Stage

C = Community Stage \*Subject to change

## TROPICS AT THE TASTE – COMMUNITY STAGE & CIVIC CENTER

### FRIDAY, AUGUST 6 | 6:30p-9:45p | FREE

Aloha from the Taste of Orland Park! Be transported to the Polynesian islands with the smooth, graceful and enchanting movements of this hula dancing duo. Enjoy numerous hula dances, each telling their own story through rhythmic motion and elegant hand movements. Come in your best Hawaiian dress to be entered into a prize drawing for CPAC pool passes at the end of the night. Fun for the whole ohana (family)!

- 6:30p-7:15p – Interactive Polynesian Dance and Hula show. Bring the keiki (kids) and your grass skirt!
- 7:45p- 9:45p – Disney's Moana showing in the Civic Center

## TRIVIA CONTEST

### SATURDAY, AUGUST 7

#### 2p-6p | FREE

Come beat the heat in the Civic Center with this fun Taste event. No fees to enter, prizes awarded to winners. Spots are limited.

2p-2:45p – Parks & Rec

3p-3:45p – Pixar

4p-4:45p – People's Choice\*

5p-5:45p – People's Choice\*

\*Follow us on social media to cast your vote

## CAR SHOW –

### JOHN HUMPHREY PARKING LOT

#### SUNDAY, AUGUST 8 | 11a-3p

Calling all car enthusiasts! You won't want to miss over 200 vintage and modern day cars take over High Point School. Bring the whole family for music, food, and fun!

**ENTER YOUR CAR:** 9a-12p

**PROG#:** 91655 | **FEE:** \$20 registration fee to display car

Pre-registration to display your car will be available on the Village of Orland Park website in May. Day of registration will also be available beginning at 9:00 AM, ending at 12:00 PM. Event will be held rain or shine, no refunds. Last car through the gate at 1p.

**QUESTIONS:** 708.403.6144



## KIDS' DAY –

New & Improved. Please visit us on social media & [orlandpark.org](http://orlandpark.org) for the most up-to-date information.





# Pathlights

**Enriched by experience.  
Empowered in life.**

**Pathlights, formerly known as PLOWS Council on Aging helps navigate and celebrate aging in the Southwest Suburbs of Cook County.**

For more than 45 years, we have guided individuals, caregivers, families, and friends along the best path to aging – providing resources, advocacy programs, and services needed to live with independence and dignity in the community.

## CONTACT US

Visit [pathlights.org](https://pathlights.org) or call us at **(708) 361-0219**. Pathlights continues to operate remotely. Please call us **Monday – Friday 9 AM – 5 PM.**

### Are you looking for food assistance?

Pathlights provides the latest information to help eligible older adults and adults with disabilities understand SNAP (Supplemental Nutrition Assistance program formerly known as food stamps) – a program that provides financial assistance for food purchases with the LINK card. Our team can guide you about eligibility criteria, options to order groceries online, coupons available for farmer's markets, and more. Learn more by calling Pathlights at **(708) 361-0219**.

### Are you a family caregiver looking for general support?

Our Caregiver Resource Center provides education and assistance – we organize a series of monthly support groups and engaging events, and consult about financial assistance, legal issues, self-care and, in some cases, emergency funding. Learn more by calling Pathlights at **(708) 361-0219**.

### Do you understand all Medicaid Eligibility & Options?

Seek our help as you navigate the process and let us explain specific details about eligibility, income and asset rules, options for a spenddown process. We can also make it a lot easier on you by assisting with applications. Learn more by calling Pathlights at **(708) 361-0219**.

# HOW CAN WE HELP YOU?

**Pathlights is a vital part of a healthy, empowered, and compassionate community. We guide adults 60 years of age and over, adults with disabilities, their caregivers, families, and friends along their best path to aging.**



## FOOD

- Receive home-delivered meals
- Get help with applications for benefits through Illinois SNAP, formerly known as food stamps



## SAFETY

- Seek help investigating abuse, neglect, and exploitation of older adults and adults with disabilities
- Learn about abuse prevention



## SHELTER

- Find out about local housing choices and legal resources
- Participate in our Shared Housing program
- Receive assistance on applications for energy assistance, weatherization support, property tax savings and more



## CARE

- Receive non-medical in-home assistance
- Use our Caregiver Resource Center — support groups, events, Respite services
- Seek consultation on general information, including financial assistance, legal resources, self-care, and benefits for health insurance
- Obtain unbiased, reliable information and counseling
- Receive guidance about safe transition from hospitals or skilled nursing facilities



**Pathlights**

**Enriched by experience.  
Empowered in life.**

Formerly known as PLOWS  
Council on Aging

**LEARN MORE:**

**Call us at 708.361.0219**

**Visit [www.pathlights.org](http://www.pathlights.org)**

## Travel Memory Café

**Jun 9 | 10:00 AM | Wednesday**

Enjoy a visit to Ireland from the comfort of your own home. This month's Memory Café features a virtual experience of the history, culture, and music of Ireland with popular host Mark and his dog Missy. Mark's interactive session takes you on a journey through time, creating magic through insights, stories, and the Myths & Legends associated with the emerald isle. The Café is a social gathering for people living with dementia and other forms of cognitive impairment and their care partners.



## Grief & Loss Support Group

**Jun 11 - Jul 16 | 10:00 AM | Friday**

The pain of loss can be overwhelming, but there are healthy ways to cope. This new, *six-week* group meets weekly to help each other through shared experiences. The group provides education and healing in a supportive environment.

## Caregivers Connecting

**Jun 16 | 10:00 AM | Wednesday**

Are you caring for an older relative, friend, or neighbor? Join our monthly support group and talk with others in similar situations, share experiences, advice, and words of encouragement.

## Music Memory Café

**Jul 14 | 10:00 AM | Wednesday**

Join us as we spend time together connecting with music! Board-certified music therapists from Greater Chicago Music Therapy Inc., will help us use a variety of music and instruments to actively engage, make music together, and learn how music benefits our brains and well-being. The Café is a social gathering for people living with dementia and other forms of cognitive impairment and their care partners.





## Caregivers Connecting

Ju1 21 | 10:00 AM | Wednesday

This monthly meet up brings together family caregivers to share experiences, encouragement, advice, and discuss community resources for themselves and the older relative, friend, or neighbor they care for.



## Memory Café

Aug 11 | 10:00 AM | Wednesday

Memory Café is a social gathering for people living with dementia and other forms of cognitive impairment and their care partners.

## Caregiver Stress-Busting Dementia Program

Ju1 23 | 10:00 AM | Friday

Are you a family caregiver for someone with Alzheimer’s disease or dementia? This in-depth program teaches stress management techniques and relaxing and coping strategies. Small groups meet virtually for 90 minutes weekly over the course of nine weeks and course materials will be provided.



## Caregivers Connecting

Aug 18 | 10:00 AM | Wednesday

This monthly meet up is for family caregivers to share experiences, encouragement, advice, and discuss community resources for themselves and the older relative, friend, or neighbor they care for.

### How do I sign up for these events?

Pre-register for classes by contacting Catherine Stowers, Program Manager at Pathlights by calling **(708) 274-0052** or email [cstower@spathlights.org](mailto:cstower@spathlights.org). A zoom link will be sent following registration.

### What is the cost of these events?

These events are all **FREE**. Please contact Catherine Stowers, Program Manager at Pathlights by calling **(708) 274-0052** or email [cstowers@pathlights.org](mailto:cstowers@pathlights.org) for any questions.

## Pickleball

**9:00 AM - 2:00 PM | Monday - Friday**  
**Sportsplex – Pickleball Court**

Pickleball is a racquet sport that combines elements of badminton, tennis, and table tennis. Two, three, or four players use solid paddles made of wood or composite materials to hit a perforated polymer ball, similar to a whiffle ball, over a net. The sport shares features of other racquet sports, the dimensions and layout of a badminton court, and a net and rules similar to tennis, with a few modifications.

Pickleball is available at the Sportsplex Monday thru Friday from 9:00 AM - 2:00 PM, with Monday, Wednesday and Friday geared toward beginner/open play, and Tuesday and Thursday for the Intermediate/Advanced players.

### **SPORTSPLEX DROP IN FEE:**

- Resident \$4 • Non-resident \$15
- Senior Non-resident 55 & up \$6
- Sportsplex Member FREE

*\* For court reservations & availability, call Kurt at (708) 403-6284. Sportsplex hourly rates apply.*



## Canvas Painting

**4:00 PM - 5:30 PM | Thursday**  
**Cultural Center – RM 203**

Let's bring our inner Picasso to life through our new Canvas Painting class at the Cultural Arts Center. Each class will be instructed by Mary Mucci, owner of Arts and Crafts Studio by Mucci World in Tinley Park. A list of supplies will be provided upon registration. The canvas pallet will be provided by the instructor.

**PROGRAM 91620 | Jun 3 - Jun 22**  
**Resident fee is \$75.00**

## Want to see a full list of classes?

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Visit Services > Recreation section on [orlandpark.org](http://orlandpark.org) to see the view a full program guide and list available classes.

## Do I need to sign up for these classes?

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Yes, registration is required. You can sign up online (*see instructions listed below*) or in-person at the Village Hall.

## Online Sign Up Instructions

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Access our up-to-date program information at [orlandpark.org](http://orlandpark.org). Click on Services, then select Recreation. On this page you will select the category you are interested in and this will bring you to all available activities.

- Click the “Activities” tab to browse our programs and register for your class.
- If you would like to register, select to ‘Add to Cart’ button. Verify your selections, review all fees, then ‘Proceed to Checkout’
- Note: A \$2.50 non-refundable online convenience fee will be added. Enter your payment information, agree to the liability waiver, and select Pay & Finish.
- Your receipt will then appear on screen.

## Ceramics

**4:00 PM - 5:30 PM | Thursday**

**Cultural Center – Art Studio**

Let’s bring back and enjoy an old pastime art class at the Cultural Arts Center. Each class will be instructed by Mary Mucci, owner of Arts and Crafts Studio by Mucci World in Tinley Park. A list of supplies will be provided upon registration.

**PROGRAM 91622 | Aug 5 - Aug 19**

**Resident fee is \$60.00**

## Community Cards

**10:00 AM | Bridge | Tues, Wed & Fri**

**10:00 AM | Mahjong | Thurs**

**Cultural Center – Commons**

Do you like to play cards? Looking for a game? Drop by the Cultural Center and join in a FREE game on any of the days listed below.

## Senior Walking Club

**9:00 AM - 10:30 AM | Tuesday**

**Centennial Park – Warming House**

Let’s hit the walking trails! Participants will visit local trails and will work to improve endurance and cardiovascular strength. Please come dressed in weather appropriate attire and bring a water bottle. Time to get out and enjoy the outdoors with a stroll around beautiful Centennial Park!

**PROGRAM 91571 | Jul 6 - Aug 24**

**Resident fee is \$30.00**

## 2021 Road Improvements

A street maintenance program is approved annually by the Mayor and Board of Trustees wherein various Village-owned and accepted streets are scheduled for rehabilitation. The purpose of this program is to reconstruct streets that have shown signs of deterioration over and above the normal maintenance.

An original Village plan from early 2017 left over 40% of roads in poor condition and over 10% in very poor condition through 2023. The Village Board and Mayor Pekau approved spending increases starting in 2019 that will reduce the roads in poor condition by half and advance the road improvement program by four years.



The program includes repair or replacement of hazardous sidewalks, curbs and gutters, new surface layers of asphalts and construction of ADA-compliant sidewalk ramps.

### LONG RUN CREEK (UNIT 1 & TOWNHOMES)

STREET NAME	FROM	TO
Long Run Drive	143rd Street	Creekside Drive
Cornhill Drive	Long Run Drive	Burnley Drive
Creekside Drive	Long Run Drive	Oldham Road
Oldham Road	Creekside Drive	Blackburn Drive
Blackburn Drive	Oldham Road	Burnley Drive
Burnley Drive	Blackburn Drive	Oldham Road
Henderson Lane	Long Run Drive	Somerset Road
Somerset Road	Sterling Drive	Will Cook Road
Sterling Drive	Somerset Road	Henderson Lane

### EAGLE RIDGE CONDOS & STONERIDGE

STREET NAME	FROM	TO
Bernard Drive	Wolf Road	179th Street
Stoneridge Drive	Wolf Road	179th Street
Bos Drive	Bernard Drive	Louetta Lane

### SHENADOAH MEADOWS & LIFETIME FITNESS

STREET NAME	FROM	TO
163rd Street	LaGrange Road	94th Avenue
Debbie Lane	94th Avenue	Sharon Court
Sharon Court	Debbie Lane	End(Debbie Lane)

### SHENADOAH & NOTTINGHAM WOODS

STREET NAME	FROM	TO
Grants Trail	108th Avenue	167th Street
Sheridan's Trail	167th Street	End (16737)

### CATALINA COURTS

STREET NAME	FROM	TO
Hollyhock Court	Wheeler Drive	End (15623)
Heather Court	Wheeler Drive	End (15635)
Catalina Court	Wheeler Drive	End (15635)

## VERITAS

STREET NAME	FROM	TO
157th Street	78th Avenue	76th Avenue
157th Place	78th Avenue	76th Avenue
78th Avenue	157th Street	159th Street
158th Court	76th Avenue	End (7656)
94th Avenue	John Humphrey Drive	Orland Square Drive
147th Street	94th Avenue	Birch Street
Green Street	Fairway Drive	147th Street
Fairway Drive	94th Avenue	Birch Street
Oak Street	Willow Street	Ash Street
Ash Street	Birch Street	Fairway Drive

## ORLAND APARTMENTS & SILVER LAKE VILLAS

STREET NAME	FROM	TO
Lake View Drive	151st Street	Franklin Court
Franklin Court	Lake View Drive	Carlisle Lane
Lunar Avenue	Lake View Drive	End (9024)
Lincoln Court	Lake View Drive	End (9025)
Kennedy Court	Lake View Drive	End (9025)
Orland Court	Lake View Drive	End (9011)
Dublin Street	Mayo Drive	Lake View Drive
Mayo Drive	Dublin Street	Silverdale Drive
Silverdale Drive	Mayo Drive	Lake View Drive

## DEER POINT ESTATES – UNIT 1

STREET NAME	FROM	TO
White Tail Run	108th Avenue	Deer Trail
Doe Lane	White Tail Run	Buck Drive
Deer Run Drive	Buck Drive	White Tail Run
Buck Drive	Doe Lane	10627

## GOLFVIEW SOUTH & WEST

STREET NAME	FROM	TO
157th Street	86th Avenue	Acacia Drive
Biltmore Drive	86th Avenue	Plum Tree Drive
Plum Tree Drive	157th Street	Rob Roy Drive
Chapel Hill Road	157th Street	Rob Roy Drive
Merion Drive	Wheeler Drive	Kemper Drive
Kemper Drive	Merion Drive	Carnoustie Drive
Carnoustie Drive	Kemper Drive	88th Avenue
Torrey Pines Drive	Carnoustie Drive	End (15761)
Ascot Court	Torrey Pines Drive	End (8909)
Baltrusol Drive	Torrey Pines Drive	88th Avenue
88th Avenue	Carnoustie Drive	Farm Hill Drive

## SOMERGLLEN & SOMERGLLEN SOUTH

STREET NAME	FROM	TO
Royal Glen Drive	Fawn Creek Lane	End (10800)
Royal Glen Court	Royal Glen Drive	End (15554)
Glenlake Drive	Royal Glen Drive	Southview Drive
Southview Drive	Glenlake Drive	End (15749)
Lakeside Drive	Glenlake Drive	Royal Glen Drive
Somerglen Lane	Lakeside Drive	108th Avenue
Somerglen Court	Somerglen Lane	End
Somer Lane	Glenlake Drive	108th Avenue

## HIGHLAND BROOK & CRYSTAL CREEK

STREET NAME	FROM	TO
Crystal Creek Drive	88th Avenue	Laurel Drive
Tiffany Drive	Crystal Creek Drive	Laurel Drive
Laurel Drive	South End (16121)	Crystal Tree Drive
Crystal Creek Drive	Laurel Drive	Orlanbrook Drive
Orlanbrook Drive	Crystal Creek Drive	159th Street

## Independence Celebration

### INDEPENDENCE DAY

Come out to Centennial Park to celebrate Independence Day! Pack a blanket, lawn chairs, your favorite snacks and beverages as MELLENCUGAR rock the park, playing the best of John Cougar Mellencamp and so much more!

Jul 4 | Sunday

**CONCERT** – 7:15 PM - 9:15 PM

**FIREWORKS** – 9:30 PM

### PRESENTATION OF THE COLORS – 9:15 PM

After the concert, we'll be lead into a solemn presentation of colors as we salute the men and women of the armed forces, followed by a spectacular patriotically choreographed fireworks show.

### VETERANS LIBERTY RUN & WALK

Sprint, jog or walk the 1 or 2 mile course through beautiful Centennial Park. All participants receive a dri-fit race shirt, a USA hand flag, a pass for \*one free admission to the Centennial Park Aquatic Center, post-race refreshments and entry into a prize raffle. Awards to the top overall male and female finisher and the top three male and female finishers in each age group, 9U to 70+. A portion of the proceeds will be donated to local veterans organizations. Race packet pick-up: June 26-July 1 at Human Race Sports (15148 S. LaGrange Rd.).

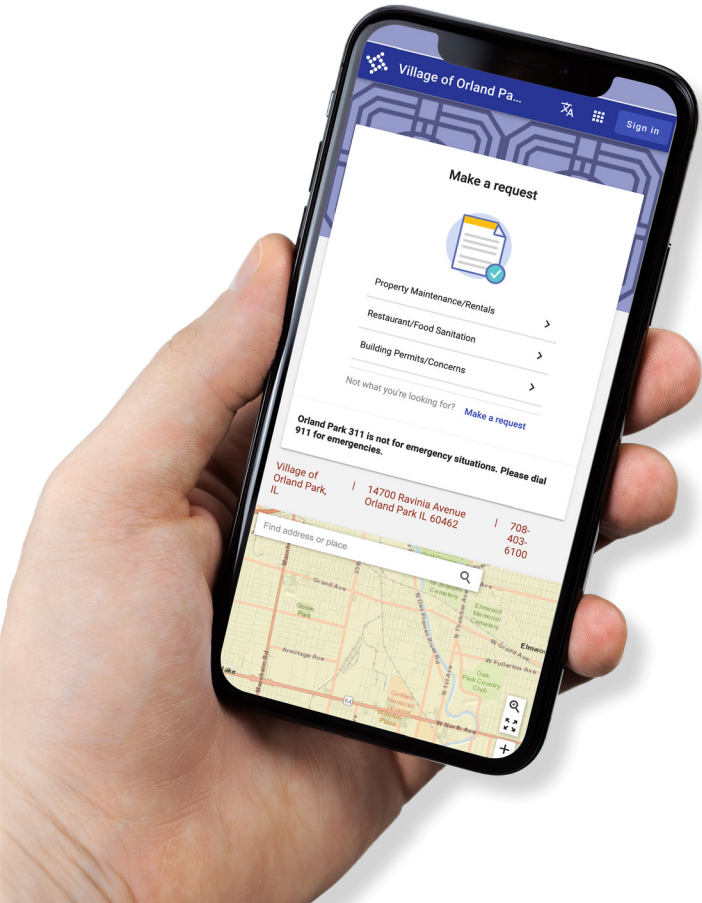
Jul 2 | Friday | 7-8 PM

**PROG#** 91503 | **FEE:** \$8



## OP311: Village Services

OP311 is a non-emergency system used to report Village concerns such as pot holes to noise violations to broken streetlights, residents often don't know which department to call. OP311 helps eliminate that confusion. Simply submit a request on [orlandpark.org](http://orlandpark.org) through the OP311 Portal. You may enter code enforcement related requests anonymously. All other request types require registration. Registering allows a resident to view all of their submitted requests and receive updates about their requests via email. To register, open the OP311 Portal and click on the Login button. Within the Login screen, click on the Register button and fill out the requested information.



### HAVE ANY QUESTIONS?

**VILLAGE HALL**  
(708) 403-6100

**PUBLIC WORKS  
(UTILITIES & STREETS)**  
(708) 403-6350

**POLICE  
(NON-EMERGENCY)**  
(708) 349-4111

**DEVELOPMENT SERVICES  
(PERMITS, LICENSES,  
CODE ENFORCEMENT)**  
(708) 403-5300

# VETERANS'

## tuesdays in the park

★ 14750 S. RAVINIA AVE. (CIVIC CENTER) ★ TUESDAYS, 6:00PM TO DUSK ★



This is an opportunity for Veterans, their families, spouses of Veterans and patriots to enjoy camaraderie, free entertainment and activities in a relaxing, social outdoor setting. Weekly themes focus on different Veteran generations, however all can participate each week. Food & beverage will be available for purchase. Bring a lawnchair or blanket.  
*Rainsite: inside Civic Center*

★ CELEBRATING ALL VETERAN GENERATIONS ★  
★ **JUNE 1** ★  
★ **Peter** ★  
★ **Militec Music** ★  
★ (Variety Piano) ★




★ CELEBRATING WW II & KOREAN WAR VETERAN GENERATIONS ★  
★ **JUNE 15** ★  
★ **Sweet** ★  
★ **Reminder Duo** ★  
★ (Andrew Sisters Musical Revue) ★



★ CELEBRATING VIETNAM VETERAN GENERATION ★  
★ **JULY 6** ★  
★ **My Dad's** ★  
★ **Cover Band** ★  
★ (Variety) ★



★ CELEBRATING GLOBAL WAR ON TERROR VETERAN GENERATIONS ★  
★ **JULY 20** ★  
★ **Five Guys** ★  
★ **Named Moe** ★  
★ (Variety) ★



### Who do I contact for additional questions?

For questions or inquiries, please contact Orland Park Veterans Program Assistant Darryl Wertheim at (708) 403-6115 or email [dwertheim@orlandpark.org](mailto:dwertheim@orlandpark.org).

### Have you seen the Hometown Heroes Banners?

The 2021 Hometown Heroes Banners are lined up on Ravinia Ave & 159th, check them out today!





**AUG 31 | TUESDAY**  
**SILVER LAKE COUNTRY CLUB**  
 14700 S. 82ND AVENUE, ORLAND PARK, IL

**8:30 AM** CHECK IN FOR GOLF  
**3:00 PM** HOR D'OEUVRES  
 REGISTRATION DEADLINE: AUGUST 25

## Orland Park Veterans Golf Classic

The Orland Park Veterans Golf Classic will benefit the Orland Park Veterans Commission and area Veterans and military groups.

The Orland Park Veterans Golf Classic is limited to 144 golfers. Foursomes fill-up fast, so register early! For additional information, please contact: Darryl Wertheim (708) 403-6115, [dwertheim@orlandpark.org](mailto:dwertheim@orlandpark.org).

### GOLF & HEAVY HORS D'OEUVRES PACKAGE

includes 18 holes of golf with all games on the course except the par 3 holes, 1/2 cart, continental breakfast, lunch on the course, on-course beverages, heavy hors d'oevres, and golfer's gift.

**PROG# 91505 | FEE: \$150**

### GOLF ONLY PACKAGE

includes 18 holes of golf with all games on the course except the par 3 holes, 1/2 cart, continental breakfast, lunch on the course, on-course beverages, and tee gift.

**PROG# 91540 | FEE: \$120**

### COCKTAILS & HEAVY HORS D'OEUVRES ONLY

includes open bar and heavy hors d'oevres

**PROG# 91541 | FEE: \$50**



## ORLAND PARK HISTORY MUSEUM

The Orland Park History Museum aims to inspire a sense of community by offering engaging and educational exhibits and programs and by collecting and preserving artifacts that document the history of the Orland area and its relationship to local, state and national history.

### JOIN THE OPHM TODAY!

Your membership will help support museum exhibits, programs, and the preservation of artifacts. A membership also provides discounted prices on special events and programs. Memberships may be purchased in person at Sportsplex, Village Hall, at the museum, or online at [orlandpark.org](http://orlandpark.org).

### MEMBERSHIP FEES

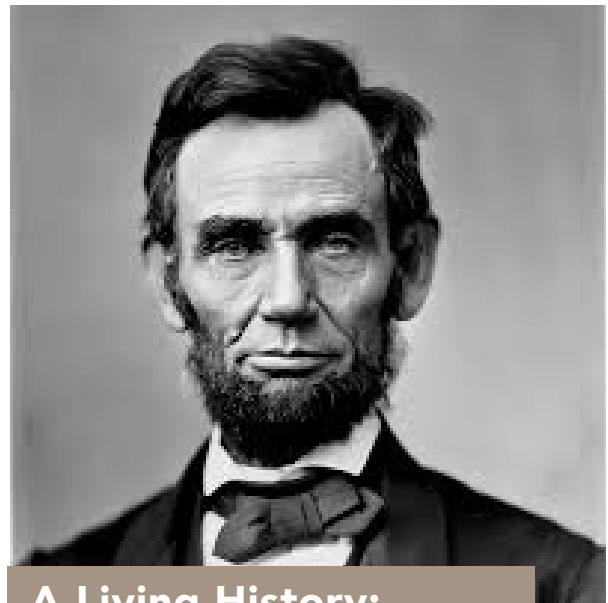
Individual Membership	\$10
Family Membership	\$20

### DONATE TO THE MUSEUM

We are always looking for new items to accept and add to the permanent collection to preserve and use for future exhibitions. If you have something you would like to donate, please call (708) 873-1622!

### INTERESTED IN MORE?

Visit [orlandpark.org/services/museum](http://orlandpark.org/services/museum) to see the full list of program of events. Registration is required for events. Please see page 33 for online sign up information or call (708) 873-1622 for any questions.



### A Living History: LINCOLN AS A STORY TELLER

**Jun 12 | Saturday**

**11:00 AM - 12:30 PM**

**Orland Park History Museum**

Share an early afternoon with Mr. Lincoln played by Kevin Wood as he shares some of his favorite stories and jokes intertwined with historic information about his life and experiences.

**PROGRAM 91196**

**Member Fee \$10/ Non-member \$15**



**ORLAND PARK**  
HISTORY MUSEUM

**DON'T MISS OUT – SIGN UP FOR THE NEWSLETTER**  
Sign up to receive your own copy of the Historic Front Newsletter by calling (708) 873-1622 or email [museum@orlandpark.org](mailto:museum@orlandpark.org).

**A Living History:  
NURSE ELEANOR MAHER**

**Jun 19 | Saturday**  
**11:00 AM - 12:00 PM**  
**Orland Park History Museum**

Join WWI nurse, Eleanor Maher, as she talks about her experience being in the Army Nurse Corp. Hear the tales of heroism and self-sacrifice as she talks about the great conflict. Be transported back in time, as her tales relate to the American Revolution and connect to more modern conflicts.

**PROGRAM 91198**  
**Member Fee \$10/ Non-member \$15**

**Building Your  
Family's History**

**Jul 22 | Thursday**  
**6:00 PM - 8:00 PM**  
**Peace Marketplace, 14314 Beacon Ave.**

Join museum staff as they talk about ways you can research and build upon your family's history. Websites and research tools will be discussed along with what you can do if you hit any "roadblocks." We are here to help you in your genealogy journey! This will be a fun, educational event held at Peace Marketplace!

**PROGRAM 91227**  
**Member Fee \$5/ Non-member \$10**



**STELLWAGEN FARM**

17701 S. 108TH AVENUE

**A LIVING HISTORY:**  
LAURA INGALLS WILDER

**Jul 10 | Saturday**  
**11:00 AM - 12:00 PM**

Do you know the real Laura Wilder...not the woman from the book and television? Hear all about Laura's life and what inspired her to write the beloved Little House on the Prairie books at the farm.

**PROGRAM 91202**  
**Resident \$10/ Non-resident \$15**

**MUSIC IS RURAL AMERICA:**  
THE FARMER IS THE MAN

**Aug 27 | Friday**  
**6:00 PM - 8:00 PM**

Tour Stellwagen Farm and hear traditional and contemporary folk songs of the farm. Farm life has long been a "fertile ground" for musicians. Enjoy a night out hearing these popular songs likely listened to by early Orland Park farmers. Refreshments and two alcoholic beverages included with ticketed price!

**PROGRAM 91215**  
**Resident \$25/ Non-resident \$30**

# Sportsplex

VILLAGE OF ORLAND PARK

The Village of Orland Park Sportsplex is not a typical health club. As a municipal recreation facility, our mission is to serve and support you in the pursuit of a healthy lifestyle. Sportsplex offers an array of equipment and employs knowledgeable, certified staff whose focus is to help you achieve your wellness goals.

[orlandpark.org/sportsplex](http://orlandpark.org/sportsplex)  
(708) 645-7529



## What Does Your Membership Include?

- No initiation fees
- New Life Fitness strength equipment
- 1/10 mile indoor track
- 90+ weekly group exercise classes, Discounted for members. *View our full list of classes at [orlandpark.org/sportsplex](http://orlandpark.org/sportsplex)*
- Personal health assessment, equipment orientation, and exercise prescription
- Locker rooms and towel services

## SUMMER MEMBERSHIP SPECIAL

Purchase a new or upgrade to a 1 year membership during the month of:

**JUNE** - Receive 3 Months FREE

**JULY** - Receive 2 Months FREE

**AUGUST** - Receive 1 Month FREE or 15% off



**MEMBERSHIP DUES**

Yearly Senior (55+)	\$250
Monthly Senior (55+)	\$27
3 Month Senior (55+)	\$108

**DAY PASS FEE**

Day Pass	\$10
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**DROP IN PASS FEE**

Day Pass	\$3
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**FITNESS CENTER DURING COVID-19**

- Hand Sanitizer is readily available at entrance to group fitness classes and fitness center.
- Over 20 cleaning stations are available throughout fitness center and group exercise. Class participants will be asked to wipe all equipment before and after usage.
- In fitness classes, instructors will wear masks and stay socially distant where appropriate.
- Class limits are 21 per class and socially distant markers are used where needed.
- There are no hands-on spotting in classes.
- Large fitness equipment is 6-8 feet apart.
- Cardiovascular equipment is spaced to use every other day in fitness center depending on day of the week.



**Sportsplex Senior Club**

**10:00 AM - 12:00 PM**

**Sportsplex – Fitness Center**

Senior Clubs are open to those age 55 & better. Groups will meet each week at the Sportsplex to utilize the fitness center, track, play volleyball, bocce ball, and finish with some camaraderie with fellow Senior Club members. This is a great way to meet friends, be active and stay fit. Club enrollment includes use of locker rooms and towel service during the club meeting time. *Registration is required.*

**Men’s Club | Friday**

**Women’s Club | Wednesday**

Sportsplex member FREE

Resident fee is \$25

### Walk This Weigh

**Jun 9 - Jun 30**

**9:30 AM - 10:25 AM | Wednesday**

**Sportsplex – Fitness Center**

A great class for seniors to challenge their personal fitness goals! This functional training class combines power walking at medium intensity and hill climbs for weight loss, while emphasizing muscle development, definition, and balance.

**PROGRAM 91127**

Sportsplex member \$80

Resident fee is \$85



### Weight Training for Men & Women Over 50

**Jun 7 - Jul 15**

**5:30 PM - 6:25 PM | Men | Mondays**

**5:30 PM - 6:25 PM | Women | Thursdays**

**Sportsplex – Fitness Center**

Don't be intimidated by free weights. A personal trainer will set up a program with your needs in mind that will help you build, tone, and streamline your muscles. These exercises can help prevent osteoporosis, build strength & stamina, tone and firm muscles while improving your daily living.

**PROGRAM**

**Men | 91101**

**Women | 91103**

Sportsplex member \$55.00

Resident fee is \$60.00

### Transition Training

**Jun 9 - Aug 11**

**10:00 AM - 10:55 PM | Wednesday**

**Sportsplex – Fitness Center**

Have you recently finished cardiac or orthopedic or have a condition such as arthritis or diabetes? Are you simply maintaining a chronic health condition and want to see it improve? This may be the form of training you need. Supervised small group workouts will be held and exercise selection will be based upon individual prescription by a personal trainer. Unlimited membership to the facility during the 10-week program is included.

**PROGRAM 91132**

Sportsplex member \$80.00

Resident fee is \$85.00

## Gentle Yoga

Jun 7 - Jul 30

11:30 AM - 12:25 PM | Monday

Sportsplex – Aerobics Studio

Less rigorous stretches with easy yoga poses will be stressed to increase flexibility.

**PROGRAM 91067**

Sportsplex member \$75.00

Resident fee is \$80.00

## One Step At a Time

Jun 10 - Jul 29

8:00 AM - 8:55 AM | Monday

Sportsplex – Fitness Center

Looking to be a healthier, better you? Need a little help to get moving? This beginner/intermediate class is for you.

**PROGRAM 91122**

Sportsplex member \$75.00

Resident fee is \$80.00



## Parkinson's Exercise Class

Jun 7 - Jul 14

10:30 AM - 11:30 AM | Monday & Wednesday

Sportsplex – Gym 2

The focus of this exercise class is to improve mobility of individuals with Parkinson's and other neurodegenerative diseases. When you've been diagnosed with Parkinson's, it is very important to stay moving and keep active in order to maintain optimal function. Exercise has been shown to be helpful in maintaining mobility throughout the lifespan. This class provides safe strengthening exercises with an emphasis on postural awareness, breathing, balance and rhythmical movement. These exercises aim to increase joint mobility, range of motion, improve balance recovery, gait mechanics, prevent joint deformation and elevate overall strength and stamina.

**PROGRAM 91110**

Sportsplex member \$100.00

Resident fee is \$105.00

### Want to see a full list of classes?

—

Visit [orlandpark.org/services/recreation/sportsplex](http://orlandpark.org/services/recreation/sportsplex) to see the full list of group exercise classes.

### Do I need to sign up for these classes?

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Yes, registration is required. You can sign up online (*see instructions on pg 31*) or in-person at the Village Hall.



# ORLAND PARK

FREDERICK T. OWENS VILLAGE HALL  
14700 SOUTH RAVINIA AVENUE  
ORLAND PARK, IL 60462  
[orlandpark.org](http://orlandpark.org)

Prsrt Standard  
U.S. Postage  
**PAID**  
Orland Park, IL  
Permit Number 33

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## VILLAGE FACILITIES

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### **CULTURAL CENTER**

14760 Park Lane  
(708) 403-5000

### **ORLAND PARK HISTORY MUSEUM**

14415 Beacon Ave.  
(708) 873-1622

### **ORLAND PARK CIVIC CENTER**

14750 South Ravinia Avenue  
(708) 403-6200

### **ORLAND PARK HEALTH AND FITNESS CENTER**

15430 West Avenue  
(708) 226-0555

### **RECREATION AND PARKS DEPARTMENT**

14600 South Ravinia Avenue  
(708) 403-5000

### **PUBLIC WORKS DEPARTMENT**

15655 South Ravinia Avenue  
(708) 403-6350

### **ORLAND PARK POLICE DEPARTMENT**

15100 South Ravinia Avenue  
(708) 349-4111(non-emergency)  
Dial 9-1-1 for emergency

### **FREDERICK T. OWENS VILLAGE HALL**

14700 South Ravinia Avenue  
(708) 403-6100

### **VILLAGE OF ORLAND PARK SPORTSPLEX**

11351 West 159th Street.  
(708) 645-7529

### **FRANKLIN E. LOEBE RECREATION CENTER**

14650 South Ravinia Ave.  
(708) 403-6259